**LONDON WOMEN’S OPEN**

**INVITATIONAL CHAMPIONSHIPS 2014**

**14th & 15th June 2014**

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**Our London WTC Bear will be presented to 1st/2nd/3rd in each category**

**London Gymnastics WTC and Heathrow Gymnastics Club wish to invite you to take part in their London Women’s Open Competition. We would be delighted to welcome you and your gymnasts to this friendly event.**

**Date: Saturday 14th June /Sunday 15th June 2014**

**Closing Date: Midnight 5th MAY 2014**

**Venue: Heathrow Gymnastics Club, Green Lane, Hounslow Middx. TW4 6DH**

**Entry Forms: E-mailed to Bernice Negri:** [**bernicenegri@live.com**](mailto:bernicenegri@live.com)

**Entry Fee: £25.00 per gymnast**

**Judges: A Judge MUST be nominated from each Club**

**Judging Rota will be sent by Emma de Vos:** [**emmajdevos@outlook.com**](mailto:emmajdevos@outlook.com)

**Lunch for judges will be provided**

**Cheques: Make payable to “London Gymnastics WTC”**

**Apparatus Specifications: FIG**

**Presentations: Overall winners Medals 1st, 2nd, 3rd**

**Individual Apparatus Medals 1st**

**Ribbons 4th, 5th, 6th, (where numbers permit (guide 10 gymnasts)**

**Kind Regards**

**Bernice Negri Vincent Walduck**

**WTC Chairman Competition Director**

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| **LEVEL** | **AGE-BANDS**  **(AGE TURNED IN 2014)** | **RULES** | **ENTRY RESTRICTIONS** |
| **Level 4** | **IN AGE 9 years**  **OUT OF AGE 10 & 11 years**  **12 & 13 years**  **14 & 15+ years** | **‘IN AGE’ GYMNASTS WILL WORK TO THE NATIONAL VOLUNTARY AGE GROUP RULES (2014)**  **‘OUT OF AGE’ GYMNASTS WILL WORK TO THE MODIFIED LONDON WTC VOLUNTARY AGE GROUP RULES (2014)**  **Attached** | **IN AGE - NONE**  **OUT OF AGE – Must not enter if competed at National Compulsory or Voluntary Age Group Finals**  **London closed categories – see competition handbook page 20.** |
| **Level 3** | **IN AGE 10 years**  **OUT OF AGE 11, 12, 13, 14, 15+ years** |
| **Level 2** | **IN AGE 11 years**  **OUT OF AGE 12, 13, 14+ years** |
| **FIG** | **Espoir Challenge/FIG (12 & 13 years)** | **FIG JUNIOR RULES**  **(C or B Dismount)**  **1 open category** | **Gymnasts who have or will be entered in Challenge Cup - NONE** |
| **Junior Challenge/FIG (14 & 15 years)**  **Senior Challenge/FIG (16 years +)** | **FIG Competition 1**  **1 open category** | **FIG Espoirs/ Junior / Senior - NONE** |

**Please note that the organiser reserves the right to alter the combined age groups dependant on the number of entries.**